



Kyneton Transition Hub



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Special points of interest:

Qualify for your own garden blitz

Bring your home produce to swap at the Kyneton Farmers Market

Join us at the KCLC for monthly community lunches

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Do You Know WHERE Your Food Comes From? Join us to watch Food Inc.

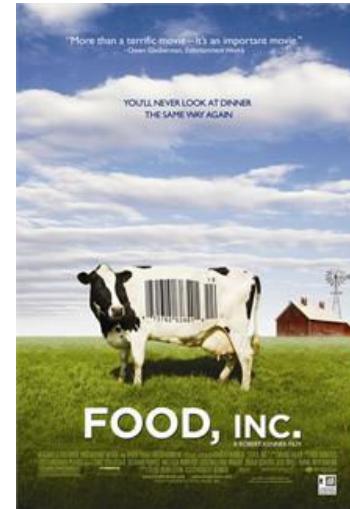
Food Inc. examines the corporate food system. Find out more about how your food gets from the farm to your table.

When? Sunday 24th June, 6 to 8 pm

Where? Upstairs at The Albion, Mollison Street, Kyneton

How much? Gold coin donation for the film

Perhaps join us after the film for a drink or dinner and some further discussion.



COMMUNITY SWAP TABLE AT THE KYNETON FARMERS MARKET

Every month you can visit our marquee at the Kyneton Farmers Market. Bring your home produce to swap or just come along for a chat.

Although not many knew about the swap table before

the May market, we still had a lot of produce swapped. This included rhubarb, Jerusalem artichokes, feijoas, eggs and silver beet.

As well as this, a lot of people

told us what a good idea it was and offered to bring some produce next month. We've been promised jams and preserves as well.

The community swap table is a joint venture between the Kyneton Transition Hub, Kyneton Edible Gardens and Luckwood Community Food Cycle, and is generously supported by the Kyneton Farmers Market.

Bring your produce to share!



The Kyneton Transition Hub is working together to make our community stronger, happier and more resilient as we deal with the impacts of peak oil and climate change

HOW TO BUILD A WICKING BED

“The Transition movement invites us to re-imagine and bring to life a new story about how we live as members of the Earth family. Using less, respecting more.”

- Kyla

Wicking beds are a great way to build a low-maintenance garden and to reduce your water use.

A wicking bed has a reservoir of water at the bottom then a layer of pebbles or scoria, with soil on the top. Under the pebbles you place some drainage ag pipe and run it up to one corner of the bed so you can water the plants through it. This means that the water is drawn up by the plants and very little

evaporates or is lost in other ways.

In recent months we have built an in ground wicking bed in a backyard, as well as some above ground ones in large apple crates (1.2 metre square) at the Kyneton Community Learning Centre.

If you would like to learn how to build one yourself, come along to one of our garden blitzes or just contact us and we'll show you how.

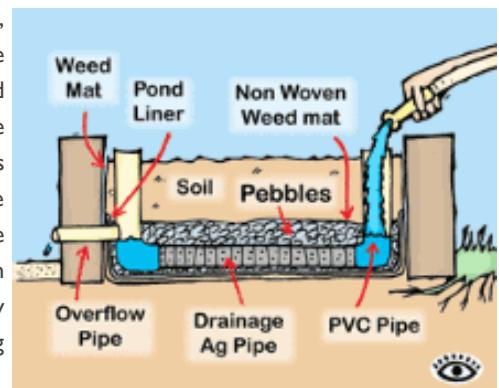


Diagram from www.urbanfoodgarden.org

KYNETON AS ANYTHING NEEDS YOUR SUPPORT

An enthusiastic group of Kyneton residents is working toward opening a new community owned and run restaurant in town. It is based on the Lentil as Anything concept begun by Shanaka Fernando who is also mentoring this new venture. The restaurant is based on

the inclusive concept of pay-as-you feel, with a donation box in place of a cash register. It will provide lots of opportunities for community involvement and engagement. The committee would particularly welcome



KYNETON AS ANYTHING

- KINDNESS IS EVERYTHING -

contributors with fund raising and financial skills. If you would like to be involved contact the Chair, Fiona Cairns on 0438 010 199.

“Pull up a chair. Take a taste. Come join us. Life is so endlessly delicious.”

- Ruth Reichl

The Kyneton Community Learning Centre hosts a community lunch every last Friday of the month.

Come along to cook and eat local organic produce with a great bunch

of local people. It just costs a gold coin donation and some of your time.

Members of Kyneton Edible Gardens and the Kyneton Transition Hub helped with a garden blitz in May to set up a herb garden at the back of the block. As the produce grows, it will become a valuable community resource.



Next lunch Friday 29th June, 11.30 to 1.30 pm. To RSVP call the KCLC on 5422 3433.

KYNETON EDIBLE GARDENS

In March we launched Kyneton Edible Gardens with a very successful garden blitz at a town block in Kyneton. We built a wicking bed, swales and raised garden beds, and learnt how to use a dumpy level to build on contour, and also how to make and use compost tea.. Our participants came from Castlemaine, Gisborne,

Malmsbury, Melbourne, Bendigo and Kyneton. It was a friendly group and everyone learnt something new.

The goals of these blitzes are to have fun, learn something and (lastly) do some gardening. All three of these goals were met.

One of the highlights was our digging dog "Jasper". He doesn't dig just anywhere, but point him in the right direction, and he can make a big



contribution to the hardest work in the garden.

We participated in another blitz at the Kyneton Community Learning Centre, and will be planning more blitzes for springtime. If you're interested in getting a blitz at your place, you need to participate in two blitzes to be qualified.

Join us in a nearby garden soon...



HOW TO MAKE COMPOST TEA

At the garden blitz in March there was a workshop to demonstrate making compost tea and our participants had an opportunity to take some home for their own gardens.

First you put some molasses, and inoculant (of healthy soil bacteria and fungi) in a large container of water. This time we added the compost in a bag made of shade cloth so that it wouldn't clog up the tap.



The tea is brewed overnight, by running an aerator that pumps air through at an

amazing rate. You can see the bubbles below.

The following day we bottle the liquid and use it diluted on our gardens.

It's like liquid gold for your garden. On display at the blitz was some gigantic, tasty silver beet that had received some compost tea in February. It was the healthiest silver beet the gardeners had ever seen.

If you're interested in getting some compost tea for your garden please let us know.



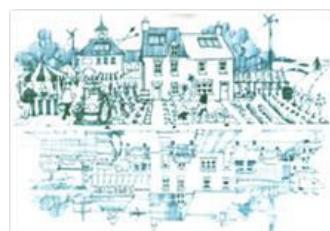
TRANSITION TRAINING

In October we will be holding Transition Town training in Kyneton.

Transition training usually runs over two days and offers varied learning, participation and facilitation experiences. It covers the emotional aspects of Transition and how to

create a culture that supports change and how to deepen our understanding of change within ourselves and our initiatives.

More details will follow soon. And if you may be interested set aside the 20 - 21st October.



Transition
[tran-zish-uhn]

n. 1. passage from one form, state, style or place to another

2. a period of transformation

Kyneton Transition Hub

PO Box 307
Kyneton 3444

Phone: 5422 3023 (Julie, Convenor)
E-mail: KynetonTH@gmail.com
Website:
www.kynetontransitionhub.com
Also find us on Facebook

KTH has strong links with the
Macedon Ranges Sustainability
Group.

DATES TO REMEMBER

June

Wed 20th KTH planning meeting - Our Lady of the Rosary Primary School, Edgecombe Street - 7.30 to 9 pm

Sun 24th "Food Inc." upstairs at The Albion Mollison Street - 6 to 8 pm

July

Wed 4th KTH potluck dinner meeting - 7 pm - contact us for venue

Sat 14th Community Swap Table at the Kyneton Farmers Market

Wed 18th KTH planning meeting - Our Lady of the Rosary Primary School, Edgecombe Street - 7.30 to 9 pm

Sun 22nd Film TBA - Upstairs at The Albion, Mollison Street - 6 to 8 pm

"Get ready for a smaller world. Soon your food is going to come from a field much closer to home, and the things you buy will probably come from a factory down the road rather than one on the other side of the world. You will almost certainly drive less and walk more, and that means you will be shopping and working closer to home. Your neighbours and your neighbourhood are about to get a lot more important in the smaller world of the none-too-distant-future.

Jeff Rubin, *Why Your World is About to Get a Whole Lot Smaller* (2009)

LOCAL COMMUNITY GROUPS

Julie McLaren, Convenor of the Kyneton Transition Hub, gave a talk to the Kyneton Rotary Club in May.

If your community group would like to hear more about what we do, please let us know, as

we'd love to have a conversation with you.



KYNETON TRANSITION HUB MEETINGS

As well as our regular 3rd Wednesday of the month planning meetings, we also now have 1st Wednesday potluck dinners at members' homes.

It's a great opportunity to get to know each other better. If you would like to find out

more about our group and what we do, please consider coming along to either meeting - choose to socialise or to come to our planning meeting.

The 3rd Wednesday meeting is at Our Lady of the Rosary Primary School in Edgecombe

Street at 7.30 pm. Our 1st Wednesday meeting starts at 7 pm and to check on the venue, contact Julie (KynetonTH@gmail.com or 5422 3023).

Looking forward to seeing you soon!

LOCAL SUSTAINABILITY GROUPS

Ballarat Renewable Energy and Zero Emissions Inc. (BREAZE) breaze.org.au/
Macedon Ranges Sustainability Group (MRSG) mrsgonline.org.au/
Mount Alexander Sustainability Group (MASG) masg.org.au/
Relocalise Hepburn relocalisehepburn.blogspot.com/
Sustainable Hepburn Association (SHARE) share.asn.au/
Transition Mount Alexander transitionma.org.au/
Transition Riddell transitiontownriddell.org.au/
Trentham Sustainability Group trentham.org.au/community/environment-groups/trentham-sustainability-group